

# PQ5K Community Fun Run/Walk Registration Form

(www.PQ5KFunRun.org)



May 4, 2019

Name: \_\_\_\_\_

Parent or Guardian (if under 18) \_\_\_\_\_

Age: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

## General Release Agreement

**ALL PARTICIPANTS IN THE PQ5K COMMUNITY FUN RUN ARE REQUIRED TO, AND HEREBY DO, ASSUME ALL RISK OF PARTICIPATION IN THE EVENT BY SUBMITTING A REGISTRATION OR SIGNING THIS GENERAL RELEASE AGREEMENT:** The undersigned participant ("Participant") on behalf of himself/herself and on behalf of Participant's personal representatives, assigns, heirs, executors, and successors hereby fully and forever releases, waives, discharges and covenants not to sue the Church of Jesus Christ of Latter-day Saints or its affiliated corporations and charities, Penasquitos Town Council or any of its officers or employees, the City of San Diego or any of its officers or employees, Caltrans and the State of California or any of their officers or employees, and volunteers of the Event including those whose property are used or in any way assist, all sponsoring or co-sponsoring companies or individuals related to the Event, together with their officers, directors, shareholders, successors and assigns, (collectively "Releasees") from all liability to the Participant and his/her personal representatives, assigns, heirs, executors, and successors for any and all loss(es), damage(s) and any and all claims or demands therefore, on account of injury to Participant, his/her property or resultant death, whether caused by the active or passive negligence of all or any of the Releasees or otherwise, in connection with Participant's participation in the Event. Participant agrees to obey all traffic laws and instructions of organizers of the Event during the Event. Participant represents and warrants that he/she is in good physical condition and is able to safely participate in the Event. Participant is fully aware of the risks and hazards inherent in participating in the Event and hereby elects to voluntarily participate, knowing the risks associated with the Event. Participant hereby assumes all risks of loss(es), damage(s), or injury(ies) that may be sustained by him/her while participating in the Event. It is understood and agreed that Participant hereby assumes liability for any and all medical expenses incurred as a result of training for and/or participation in the Event, including but not limited to ambulance transport, hospital stays, physician and pharmaceutical goods and services. Participant hereby grants permission to Releasees to use photos or likenesses of participant in any and all of its publications, including websites and publications without payment or any other consideration. Participant warrants that all statements made herein are true and correct and understands that Releasees have relied on them in allowing Participant to participate in the Event. **PARTICIPANT HAS READ THE FOREGOING AND INTENTIONALLY AND VOLUNTARILY SIGNS THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT**

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Parent or Guardian (if under 18 years old)

\_\_\_\_\_  
Date

Return to a PQ5K Committee member or mail to 8754 Elford Court, San Diego, CA 92129